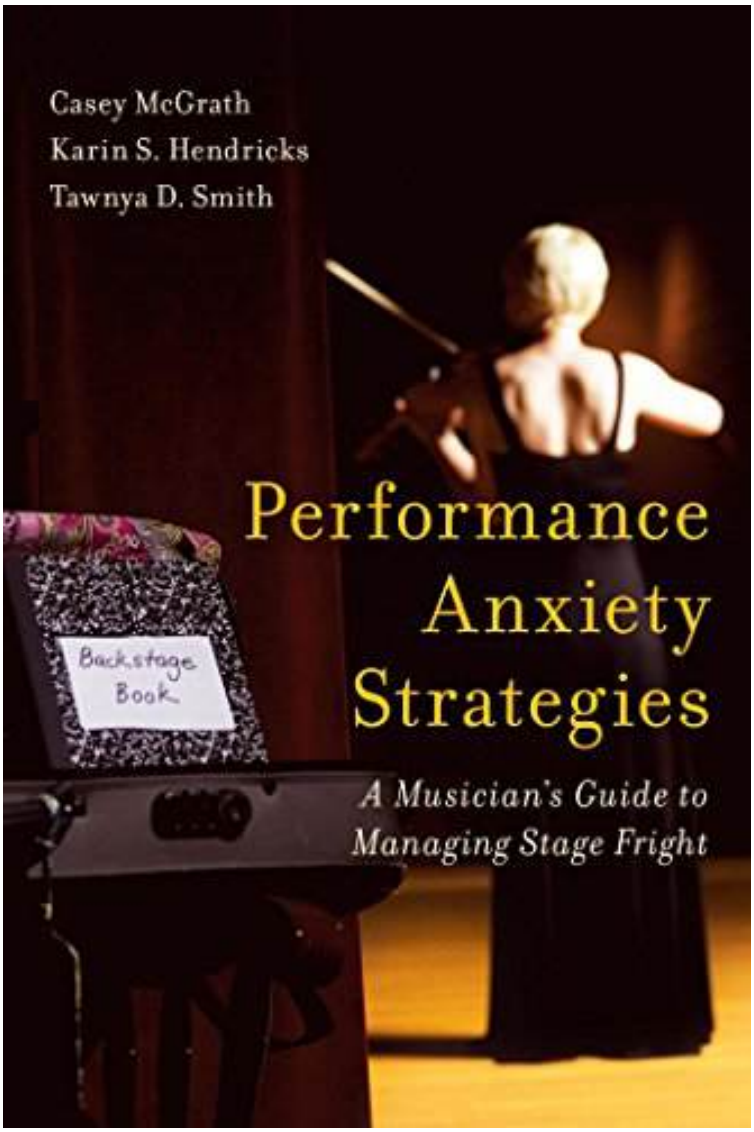
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By Casey McGrath, Karin S. Hendricks, Tawnya D. Smith
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Music performance anxiety has long frustrated the artistic community and while tricks and folk remedies abound a comprehensive plan to solve this problem has remained elusive Accomplished violinist Casey McGrath combines her experiences with the research of Karin S Hendricks and Tawnya D Smith to provide a resource guide to the most current solutions and therapies as well as educational applications for both individual and classroom use

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